

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2020

Dimension's Community

*This schedule is subject to change

9:00 Balloon Games, MC
10:30 Bingo, MC
11:00 Trivia, MC
1:00 Beautiful Nails, MC
2:00 Snack
6:00 Coloring Group, MC
Deck the Halls, all day

9:00 Exercise Group, MC
"Whole Body Movement"
10:00 Homemaking, MC
1:00 Arm Chair Travels, MC
2:00 Snack
3:15 Pen Pal Friends, MC
6:00 Finish the Line

9:00 Strengthening DVD, TV
10:00 TAI Chi with Paul, TV
1:00 Word Puzzles, R
2:00 Holiday Sing-a-longs, TV
3:00 Holiday Movie, TV

10:00 Hymns and Devotions,
10:45 Trivia, MC
11:00 Hand Massages, MC
1:00 Bingo, MC
2:00 Snack, MC
3:15 Reminiscing, MC
6:00 Sing-a-longs. MC

9:30 Exercise Group, MC
"Hand Eye Coordination"
10:15 Baking, MC
1:00 Coloring group, MC
2:20 Games
6:00 Movie Matinee, MC

9:00 Strengthening DVD
10:00 Church Services
11:00 Hymn Sings
11:00 Bingo
1:00 Movie Matinee

9:00 Exercise Group, MC
"U/E Strengthening"
10:00 Creative Minds, MC
2:00 Snack
3:00 Games, MC
"memory card game"
4:00 Hand Massages, MC
6:00 Reminiscing Group, MC

9:00 Balloon Games, MC
10:30 Bingo, MC
11:00 Trivia, MC
1:00 Beautiful Nails, MC
2:00 Snack
6:00 Coloring Group, MC
Holiday Wrapping

9:00 Exercise Group, MC
"Whole Body Movement"
10:00 Homemaking, MC
1:00 Arm Chair Travels, MC
2:00 Snack
3:15 Pen Pal Friends, MC
6:00 Finish the Line

9:00 Strengthening DVD, TV
10:00 TAI Chi with Paul, TV
1:00 Word Puzzles, R
2:00 Holiday Sing-a-longs, TV
3:00 Holiday Movie, TV

10:00 Hymns and Devotions,
10:45 Trivia, MC
11:00 Hand Massages, MC
1:00 Bingo, MC
2:00 Snack, MC
3:15 Reminiscing, MC
6:00 Sing-a-longs. MC

9:30 Exercise Group, MC
"Hand Eye Coordination"
10:15 Baking, MC
1:00 Coloring group, MC
2:20 Games
6:00 Movie Matinee, MC

9:00 Strengthening DVD
10:00 Church Services
11:00 Hymn Sings
11:00 Bingo
1:00 Movie Matinee

9:00 Exercise Group, MC
"U/E Strengthening"
10:00 Creative Minds, MC
2:00 Snack
3:00 Games, MC
"memory card game"
4:00 Hand Massages, MC
6:00 Reminiscing Group, MC

9:00 Balloon Games, MC
10:30 Bingo, MC
11:00 Trivia, MC
1:00 Beautiful Nails, MC
2:00 Snack
6:00 Coloring Group, MC

9:00 Exercise Group, MC
"Whole Body Movement"
10:00 Homemaking, MC
1:00 Arm Chair Travels, MC
2:00 Snack
3:15 Pen Pal Friends, MC
6:00 Finish the Line

9:00 Strengthening DVD, TV
10:00 TAI Chi with Paul, TV
1:00 Cookie Decorating
2:00 Holiday Sing-a-longs, TV
3:00 Holiday Movie, TV

10:00 Hymns and Devotions,
10:45 Trivia, MC
11:00 Hand Massages, MC
1:00 Bingo, MC
2:00 Snack, MC
3:15 Reminiscing, MC
6:00 Sing-a-longs. MC

9:30 Exercise Group, MC
"Hand Eye Coordination"
10:15 Baking, MC
1:00 Coloring group, MC
2:20 Games
6:00 Movie Matinee, MC

9:00 Strengthening DVD
10:00 Church Services
11:00 Hymn Sings
11:00 Bingo
1:00 Movie Matinee

9:00 Exercise Group, MC
"U/E Strengthening"
10:00 Creative Minds, MC
2:00 Snack
3:00 Games, MC
"memory card game"
4:00 Hand Massages, MC
6:00 Reminiscing Group, MC

9:00 Balloon Games, MC
10:30 Bingo, MC
11:00 Trivia, MC
1:00 Beautiful Nails, MC
2:00 Snack
6:00 Coloring Group, MC

9:00 Exercise Group, MC
"Whole Body Movement"
10:00 Homemaking, MC
1:00 Arm Chair Travels, MC
2:00 Snack
3:15 Pen Pal Friends, MC
6:00 Finish the Line
Holiday Gift Surprise

9:00 Strengthening DVD, TV
10:00 TAI Chi with Paul, TV
1:00 Word Puzzles, R
2:00 Holiday Sing-a-longs, TV
3:00 Holiday Movie, TV

10:00 Hymns and Devotions,
10:45 Trivia, MC
11:00 Hand Massages, MC
1:00 Bingo, MC
2:00 Snack, MC
3:15 Reminiscing, MC
6:00 Sing-a-longs. MC

9:30 Exercise Group, MC
"Hand Eye Coordination"
10:15 Baking, MC
1:00 Coloring group, MC
2:20 Games
6:00 Movie Matinee, MC

9:00 Strengthening DVD
10:00 Church Services
11:00 Hymn Sings
11:00 Bingo
1:00 Movie Matinee

9:00 Exercise Group, MC
"U/E Strengthening"
10:00 Creative Minds, MC
2:00 Snack
3:00 Games, MC
"memory card game"
4:00 Hand Massages, MC
6:00 Reminiscing Group, MC

9:00 Balloon Games, MC
10:30 Bingo, MC
11:00 Trivia, MC
1:00 Beautiful Nails, MC
2:00 Snack
6:00 Coloring Group, MC

9:00 Exercise Group, MC
"Whole Body Movement"
10:00 Homemaking, MC
1:00 Arm Chair Travels, MC
2:00 Snack
3:15 Pen Pal Friends, MC
6:00 Finish the Line

9:00 Strengthening DVD, TV
10:00 TAI Chi with Paul, TV
1:00 Word Puzzles, R
3:00 Holiday Movie, TV

Christmas

Boxing Day (Canada)
Kwanzaa Begins

New Year's Eve