



February 2019 Events at Arbor Glen Senior Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday												
 <p>Super Bowl! 3 *This Day in History @ 9:30am = CB* *Activity Kits @ 11:00am = W* Sunday Matinee @ 1:30pm = MT Tail-Gating Football Party @ 6:00pm = MT</p>	<p>Tune to CBS station @ 5:30pm!  Join us in the Theater on 02/03!</p> <p>4 *News & Views @ 9:30am = SR* Fit to Stretch @ 10:00am = FC/MT Drama Club w/Professor Charley @ 11:00am = MT Hand Massages @ 12:30pm = CR Nintendo Wii @ 2:00pm = MT Tell Me Your Story @ 4:00pm = P <i>(Bring any photos you'd like to share)</i></p>	<p>"Year of the Pig" 1923, 1935, 1947, 1959, 1971, 1983, 1995, 2007 & 2019 Henry Ford, Ronald Reagan & Hilary Clinton</p> <p>5 *Brain-Stumpers @ 9:30am = P* Chair Yoga w/Marilyn @ 10:00am = MDR Resident Council @ 11:00am = P Beautiful Nails @ 12:30pm = CR Acupuncture w/Aimee @ 2:00pm = MT Choir w/Katie E. @ 3:30pm = SR *Resident Social @ 4:00pm = P*</p>	<p>V-Day Events on Feb 12th, 13th & 14th!  We hope to see you all there! ☺</p> <p>6 *Timeless Trivia @ 9:30am = P* Bible Study @ 10:00am = MT *Café Philo @ 10:15am = P* Roaming Library Cart @ 1:00pm = W Fit to Strengthen @ 2:00pm = FC/MT Prize Bingo @ 3:00pm = MDR</p>	<p>Presidents Day </p> <p>7 *Brain-Stumpers @ 9:30am = P* Tai Chi w/Paul @ 10:00am = MDR ("Silver Sneakers Hosted Program") Beautiful Nails @ 12:30pm = CR Gorman's Lunch Outing @ 1:00pm = OS Traveling Choir w/Katie E. @ 3:30pm = SR + W Pet Visits w/Crickett @ 6:30pm = SR</p>	<p>1 *News & Views @ 9:30am = SR* Fit to Stretch @ 10:00am = FC/MT Talking Circle @ 11:00am = P Hand Massages @ 12:30pm = CR Interfaith Service @ 1:00pm = MT Happy Hour @ 2:00pm = MDR Nostalgic Games @ 3:30pm = P Evening Movie @ 7:00pm = MT</p> <p>2 Groundhog's Day! *This Day in History @ 9:30am = CB* Music w/Katie @ 10:00am = CB Saturday Matinee @ 1:30pm = MT *Craft Club @ 6:00pm = CR* 2nd Movie Showing @ 7:00pm = MT</p>	<p>3 *This Day in History @ 9:30am = CB* *Activity Kits @ 11:00am = W* Sunday Matinee @ 1:30pm = MT Tail-Gating Football Party @ 6:00pm = MT</p> <p>4 *News & Views @ 9:30am = SR* Fit to Stretch @ 10:00am = FC/MT Drama Club w/Professor Charley @ 11:00am = MT Hand Massages @ 12:30pm = CR Nintendo Wii @ 2:00pm = MT Tell Me Your Story @ 4:00pm = P <i>(Bring any photos you'd like to share)</i></p> <p>5 *Brain-Stumpers @ 9:30am = P* Chair Yoga w/Marilyn @ 10:00am = MDR Resident Council @ 11:00am = P Beautiful Nails @ 12:30pm = CR Acupuncture w/Aimee @ 2:00pm = MT Choir w/Katie E. @ 3:30pm = SR *Resident Social @ 4:00pm = P*</p> <p>6 *Timeless Trivia @ 9:30am = P* Bible Study @ 10:00am = MT *Café Philo @ 10:15am = P* Roaming Library Cart @ 1:00pm = W Fit to Strengthen @ 2:00pm = FC/MT Prize Bingo @ 3:00pm = MDR</p> <p>7 *Brain-Stumpers @ 9:30am = P* Tai Chi w/Paul @ 10:00am = MDR ("Silver Sneakers Hosted Program") Beautiful Nails @ 12:30pm = CR Gorman's Lunch Outing @ 1:00pm = OS Traveling Choir w/Katie E. @ 3:30pm = SR + W Pet Visits w/Crickett @ 6:30pm = SR</p> <p>8 *News & Views @ 9:30am = SR* Fit to Stretch @ 10:00am = FC/MT Talking Circle @ 11:00am = P Hand Massages @ 12:30pm = CR Interfaith Service @ 1:00pm = MT Happy Hour @ 2:00pm = MDR + Music by Bill Lockwood Craft Corner @ 3:30pm = CR Evening Movie @ 7:00pm = MT</p> <p>9 *This Day in History @ 9:30am = CB* Poetry w/Cecelia @ 10:00am = CB Pet Visits w/Skye @ 10:30am = SR Saturday Matinee @ 1:30pm = MT 2nd Movie Showing @ 7:00pm = MT</p>												
<p>Grammy's! 10 *This Day in History @ 9:30am = CB* *Activity Kits @ 11:00am = W* Sunday Matinee @ 1:30pm = MT Resident Choice @ 3:30pm = CB 2nd Movie Showing @ 7:00pm = MT</p>	<p>11 *News & Views @ 9:30am = SR* Fit to Stretch @ 10:00am = FC/MT Pet Visits w/Bogey @ 11:30am = SR Hand Massages @ 12:30pm = CR Catholic Mass @ 1:00pm = MT Prize Bingo @ 3:00pm = MDR</p>	<p>12 *Brain-Stumpers @ 9:30am = P* Chair Ballet w/Instructor Maylu @ 10:00am = MT Beautiful Nails @ 12:30pm = CR Community Spotlight w/Gail Valentine's Workshop @ 2:00pm = MDR DIY Craft w/Cel @ 3:30pm = SR *Resident Social @ 4:00pm = P*</p>	<p>13 Wellness Clinic @ 9:30am = CR Bible Study @ 10:00am = MT *Café Philo @ 10:15am = P* Book Club @ 1:00pm = P Tori's Precious Pets Visit @ 2:00pm = MT Wunder Year's Daycare = Valentines Themed Visit @ 3:00pm = MDR Fit to Strengthen @ 3:30pm = FC/MT</p>	<p>Valentine's Day! 14 *Brain-Stumpers @ 9:30am = P* Tai Chi w/Paul @ 10:00am = MDR ("Silver Sneakers Hosted Program") Beautiful Nails @ 12:30pm = CR Sweetheart Dance @ 2:00pm = MDR + Music by Mark Flora & Family DIY Baking w/Cel @ 3:30pm = P</p>	<p>15 *News & Views @ 9:30am = SR* Fit to Stretch @ 10:00am = FC/MT Talking Circle @ 11:00am = P Hand Massages @ 12:30pm = CR Interfaith Service @ 1:00pm = MT Happy Hour @ 2:00pm = MDR Nostalgic Games @ 3:30pm = P Evening Movie @ 7:00pm = MT</p>	<p>16 *This Day in History @ 9:30am = CB* Music w/Katie @ 10:00am = CB Saturday Matinee @ 1:30pm = MT *Craft Club @ 6:00pm = CR* 2nd Movie Showing @ 7:00pm = MT</p>												
<p>17 *This Day in History @ 9:30am = CB* *Activity Kits @ 11:00am = W* Sunday Matinee @ 1:30pm = MT Resident Choice @ 3:30pm = CB 2nd Movie Showing @ 7:00pm = MT</p>	<p>President's Day! 18 *News & Views @ 9:30am = SR* Fit to Stretch @ 10:00am = FC/MT Hand Massages @ 12:30pm = CR Catholic Communion @ 1:00pm = MT Nintendo Wii @ 2:00pm = MT Tell Me Your Story @ 4:00pm = P <i>(Bring any photos you'd like to share)</i></p>	<p>19 *Brain-Stumpers @ 9:30am = P* Chair Yoga w/Marilyn @ 10:00am = MDR Beautiful Nails @ 12:30pm = CR Acupuncture w/Aimee @ 2:00pm = MT Choir w/Katie E. @ 3:30pm = SR *Resident Social @ 4:00pm = P*</p>	<p>20 *Timeless Trivia @ 9:30am = P* Bible Study @ 10:00am = MT *Café Philo @ 10:15am = P* Roaming Library Cart @ 1:00pm = W Fit to Strengthen @ 2:00pm = FC/MT Prize Bingo @ 3:00pm = MDR</p>	<p>21 *Brain-Stumpers @ 9:30am = P* Tai Chi w/Paul @ 10:00am = MDR ("Silver Sneakers Hosted Program")  Lunch & Omnitheater @ 11:00am to 3:30pm = OS Traveling Choir w/Katie E. @ 3:30pm = SR + W Pet Visits w/Crickett @ 6:30pm = SR</p>	<p>22 *News & Views @ 9:30am = SR* Fit to Stretch @ 10:00am = FC/MT Talking Circle @ 11:00am = P Hand Massages @ 12:30pm = CR Interfaith Service @ 1:00pm = MT Happy Hour @ 2:00pm = MDR + Music by Julie Osmonson Craft Corner @ 3:30pm = CR Evening Movie @ 7:00pm = MT</p>	<p>23 *This Day in History @ 9:30am = CB* Poetry w/Cecelia @ 10:00am = CB Pet Visits w/Skye @ 10:30am = SR Saturday Matinee @ 1:30pm = MT 2nd Movie Showing @ 7:00pm = MT</p>												
<p>Academy Awards! 24 *This Day in History @ 9:30am = CB* *Activity Kits @ 11:00am = W* Sunday Matinee @ 1:30pm = MT Resident Choice @ 3:30pm = CB 2nd Movie Showing @ 7:00pm = MT</p>	<p>25 *News & Views @ 9:30am = SR* Fit to Stretch @ 10:00am = FC/MT Pet Visits w/Bogey @ 11:30am = SR Hand Massages @ 12:30pm = CR Life Transition Support Group w/Kelsey @ 1:30pm = P Prize Bingo @ 3:00pm = MDR</p>	<p>26 *Brain-Stumpers @ 9:30am = P* Chair Ballet w/Instructor Maylu @ 10:00am = MT Beautiful Nails @ 12:30pm = CR Director Spotlight w/Jenny @ 2:00pm = TBD DIY Craft w/Cel @ 3:30pm = SR *Resident Social @ 4:00pm = P*</p>	<p>27 *Timeless Trivia @ 9:30am = P* Bible Study @ 10:00am = MT *Café Philo @ 10:15am = P* Book Club @ 1:00pm = P Birthday Party @ 2:00pm = MDR + Music by Joe Aherns Fit to Strengthen @ 3:30pm = FC/MT Club 4,5,6 Visit @ 6:30pm = MDR</p>	<p>28 *Brain-Stumpers @ 9:30am = P* Tai Chi w/Paul @ 10:00am = MDR ("Silver Sneakers Hosted Program") Beautiful Nails @ 12:30pm = CR Walmart Shopping Outing @ 1:00pm = OS DIY Baking w/Cel @ 3:30pm = P</p>	<p>Programs that are "bolded" are special hosted events</p> <p>Location Key for Programs</p> <table border="0"> <tr> <td>CB = Coffee Bar</td> <td>OS = Off Site (Outing)</td> </tr> <tr> <td>CR = Craft Room</td> <td>P = Pub (Community Room)</td> </tr> <tr> <td>FC = Fitness Center</td> <td>SR = Sun Room</td> </tr> <tr> <td>MDR = Main Dining Room</td> <td>TBD = To Be Determined (Day Of)</td> </tr> <tr> <td>MSR = Mini Sun Room</td> <td>W = Whole Building</td> </tr> <tr> <td>MT = Movie Theater</td> <td>** = Self Directed Program</td> </tr> </table> <p>Please Note: All calendar events are subject to change</p>		CB = Coffee Bar	OS = Off Site (Outing)	CR = Craft Room	P = Pub (Community Room)	FC = Fitness Center	SR = Sun Room	MDR = Main Dining Room	TBD = To Be Determined (Day Of)	MSR = Mini Sun Room	W = Whole Building	MT = Movie Theater	** = Self Directed Program
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