January 2019 Events at Arbor Glen Senior Living (MC)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		New Year's Day! 1 Festive Hand Outs (Interesting Facts, Word Searches, Crosswords, Mazes & More) = CB	2 Timeless Trivia @ 9:15am Baking Bunch @ 10:30am Roaming Cart of Fun @ 1:30pm **Katie K's Going Away Party @ 2:00pm = MDR** **Music w/Katie E. @ 3:30pm** 1:1 Hand Massages @ 5:30pm **Pet Visits @ 6:30pm**	3 Brain-Stumpers @ 9:30am **Tai Chi w/Paul @ 10:00am = MDR ("Silver Sneakers Hosted Program")** Beautiful Nails @ 1:30pm **Singing Hearts @ 2:00pm** Resident Choice @ 3:30pm Puzzle Corner @ 5:30pm **Movie Theater @ 7:00pm = MT**	News & Views @ 9:15am 4 **Nature Center Outing @ 9:45am = OS** Chaplain Visit @ 12:30pm Hand Massages @ 1:00pm **Happy Hour @ 2:00pm = MDR + Music by Diane Zilverberg** Nostalgic Games @ 3:30pm = P Evening Movie @ 7:00pm	This Day in History @ 9:30am 5 **Music Memories @ 10:00am** Craft Corner @ 10:30am Activity Kits @ 11:00am Short Stories @ 12:30pm Saturday Matinee @ 1:30pm Beautiful Nails @ 3:30pm Brain-Stumpers @ 7:00pm
Golden Globes! 6 This Day in History @ 9:30am Reminisce Hour @ 10:00am Activity Kits @ 11:00am Travel Spotlight @ 12:30pm Sunday Matinee @ 1:30pm Beautiful Nails @ 3:30pm Brain-Stumpers @ 7:00pm	7 News & Views @ 9:15am Movement Group @ 10:30am 1:1 Hand Massages @ 1:00pm **Catholic Mass @ 1:00pm = MT** Games Galore @ 3:00pm Wii Games @ 5:30pm Hymn Sing-a-Long @ 6:30pm	Brain-Stumpers @ 9:30am 8 **Chair Yoga w/ Marilyn @ 10:00am = MDR** **Resident Council @ 11:00am = P** Beautiful Nails @ 1:30pm **Music Memories @ 2:00pm** Resident Choice @ 3:30pm Puzzle Corner @ 5:30pm White Board Games @ 6:30pm	9 Timeless Trivia @ 9:15am Baking Bunch @ 10:30am Roaming Cart of Fun @ 1:30pm **Prize Bingo @ 3:00pm = MDR** 1:1 Hand Massages @ 5:30pm Resident Social @ 6:30pm	10 Brain-Stumpers @ 9:30am **Tai Chi w/Paul @ 10:00am = MDR ("Silver Sneakers Hosted Program")** Beautiful Nails @ 1:30pm **Singing Hearts @ 2:00pm** 1:1 Room Visits @ 3:30pm Puzzle Corner @ 5:30pm **Movie Theater @ 7:00pm = MT**	11 News & Views @ 9:15am Movement Group @ 10:30am Chaplain Visit @ 12:30pm Hand Massages @ 1:00pm **Happy Hour @ 2:00pm = MDR + Music by Andy Caron** Craft Corner @ 3:30pm = CR Evening Movie @ 7:00pm	This Day in History @ 9:30am 12 **Pet Visits @ 10:00am** Craft Corner @ 10:30am Activity Kits @ 11:00am Short Stories @ 12:30pm Saturday Matinee @ 1:30pm Beautiful Nails @ 3:30pm Brain-Stumpers @ 7:00pm
13 This Day in History @ 9:30am Reminisce Hour @ 10:00am Activity Kits @ 11:00am Travel Spotlight @ 12:30pm Sunday Matinee @ 1:30pm Beautiful Nails @ 3:30pm Brain-Stumpers @ 7:00pm	14 News & Views @ 9:15am Movement Group @ 10:30am 1:1 Hand Massages @ 1:00pm **Prize Bingo @ 3:00pm = MDR** Wii Games @ 5:30pm Hymn Sing-a-Long @ 6:30pm	Brain-Stumpers @ 9:30am 15 **Chair Ballet w/ Maylu @ 10:00am = MT** Beautiful Nails @ 1:30pm **Music Memories @ 2:00pm** 1:1 Room Visits @ 3:30pm Puzzle Corner @ 5:30pm White Board Games @ 6:30pm	16 Timeless Trivia @ 9:15am Baking Bunch @ 10:30am Roaming Cart of Fun @ 1:30pm **Wunder Year's Daycare Visit @ 3:00pm = MDR** **Music w/Katie E. @ 3:30pm** 1:1 Hand Massages @ 5:30pm **Movement & Music w/Anna @ 6:00pm**	17 Brain-Stumpers @ 9:30am **Tai Chi w/Paul @ 10:00am = MDR ("Silver Sneakers Hosted Program")** Beautiful Nails @ 1:30pm **Singing Hearts @ 2:00pm** Resident Choice @ 3:30pm Puzzle Corner @ 5:30pm **Pet Visits @ 6:00pm** **Movie Theater @ 7:00pm = MT**	18 News & Views @ 9:15am Movement Group @ 10:30am Chaplain Visit @ 12:30pm Hand Massages @ 1:00pm **Happy Hour @ 2:00pm = MDR + Music by Julie Osmonson** Nostalgic Games @ 3:30pm = P Evening Movie @ 7:00pm	19 This Day in History @ 9:30am Craft Corner @ 10:00am Activity Kits @ 11:00am Short Stories @ 12:30pm Saturday Matinee @ 1:30pm Beautiful Nails @ 3:30pm Brain-Stumpers @ 7:00pm
20 This Day in History @ 9:30am Reminisce Hour @ 10:00am Activity Kits @ 11:00am Travel Spotlight @ 12:30pm Sunday Matinee @ 1:30pm Beautiful Nails @ 3:30pm Brain-Stumpers @ 7:00pm	**MLKJ Day!** 21 News & Views @ 9:15am Movement Group @ 10:30am 1:1 Hand Massages @ 1:00pm Games Galore @ 3:00pm Wii Games @ 5:30pm Hymn Sing-a-Long @ 6:30pm	22 Brain-Stumpers @ 9:30am **Chair Yoga w/ Marilyn @ 10:00am = MDR** Beautiful Nails @ 1:30pm **Music Memories @ 2:00pm** Resident Choice @ 3:30pm Puzzle Corner @ 5:30pm White Board Games @ 6:30pm	23 Timeless Trivia @ 9:15am Baking Bunch @ 10:30am Roaming Cart of Fun @ 1:30pm **Prize Bingo @ 3:00pm = MDR** 1:1 Hand Massages @ 5:30pm Resident Social @ 6:30pm	24 Brain-Stumpers @ 9:30am **Tai Chi w/Paul @ 10:00am = MDR ("Silver Sneakers Hosted Program")** Beautiful Nails @ 1:30pm **Singing Hearts @ 2:00pm** 1:1 Room Visits @ 3:30pm Puzzle Corner @ 5:30pm **Movie Theater @ 7:00pm = MT**	25 News & Views @ 9:15am Movement Group @ 10:30am Chaplain Visit @ 12:30pm Hand Massages @ 1:00pm **Happy Hour @ 2:00pm = MDR + Music by Mark Flora & Family** Craft Corner @ 3:30pm = CR Evening Movie @ 7:00pm	This Day in History @ 9:30am 26 **Pet Visits @ 10:00am** Craft Corner @ 10:30am Activity Kits @ 11:00am Short Stories @ 12:30pm Saturday Matinee @ 1:30pm Beautiful Nails @ 3:30pm Brain-Stumpers @ 7:00pm
27 This Day in History @ 9:30am Reminisce Hour @ 10:00am Activity Kits @ 11:00am Travel Spotlight @ 12:30pm Sunday Matinee @ 1:30pm Beautiful Nails @ 3:30pm Brain-Stumpers @ 7:00pm	28 News & Views @ 9:15am Movement Group @ 10:30am 1:1 Hand Massages @ 1:00pm **Catholic Communion @ 1:30pm** **Prize Bingo @ 3:00pm = MDR** Wii Games @ 5:30pm Hymn Sing-a-Long @ 6:30pm	29 Brain-Stumpers @ 9:30am **Chair Ballet w/ Maylu @ 10:00am = MT** Beautiful Nails @ 1:30pm **Music Memories @ 2:00pm** 1:1 Room Visits @ 3:30pm Puzzle Corner @ 5:30pm White Board Games @ 6:30pm	30 Timeless Trivia @ 9:30am Creative Cooking @ 11:30am Roaming Cart of Fun @ 1:30pm **Birthday Party @ 2:00pm = MDR + Music by Joe Aherns** **Music w/Katie E. @ 3:30pm** 1:1 Hand Massages @ 5:30pm **Club 4,5,6 Visit @ 6:30pm = MDR**	Brain-Stumpers @ 9:30am 31 **Tai Chi w/Paul @ 10:00am = MDR ("Silver Sneakers Hosted Program")** Beautiful Nails @ 1:30pm **Singing Hearts @ 2:00pm** Resident Choice @ 3:30pm Puzzle Corner @ 5:30pm **Pet Visits @ 6:00pm** **Movie Theater @ 7:00pm = MT**	***Programs that are "bolded" are special hosted events*** **Location Key for Programs** *CB = Coffee Bar* *CR = Craft Room* *FC = Fitness Center* *MDR = Main Dining Room* *MSR = Mini Sun Room* *MT = Movie Theater* *OS = Off Site (Outing)* *P = Pub (Community Room)* *SR = Sun Room* *W = Whole Building* ***Please Note: All calendar events are subject to change***	