



March 2019 Events at Arbor Glen Senior Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Programs that are "bolded" are special hosted events</p> <div style="display: flex; justify-content: space-between;"> <div style="border: 1px dashed black; padding: 5px; width: 25%;"> <p>Location Key for Programs</p> <p>CB = Coffee Bar CR = Craft Room FC = Fitness Center MDR = Main Dining Room MSR = Mini Sun Room MT = Movie Theater</p> </div> <div style="width: 25%;"> <p>*OS = Off Site (Outing) P = Pub (Community Room) SR = Sun Room TBD = To Be Determined (Day Of) W = Whole Building ** = Self Directed Program</p> </div> </div> <p>Please Note: All calendar events are subject to change</p>						
<p>Programs that are "bolded" are special hosted events</p> <p>*Hot Stove League @ 8:00am = CB* 3 *This Day in History @ 9:30am = CB* *Activity Kits @ 11:00am = W* Sunday Matinee @ 1:30pm = MT Resident Choice @ 3:30pm = CB 2nd Movie Showing @ 7:00pm = MT</p>	<p>*Hot Stove League @ 8:00am = CB* 4 *News & Views @ 9:30am = SR* Fit to Stretch @ 10:00am = FC/MT Hand Massages @ 12:30pm = CR Ever Active Fitness Club @ 3:00pm = FC/MT Tell Me Your Story @ 4:00pm = P <i>(Bring any photos you'd like to share)</i></p>	<p>Mardi Gras! 5 *Hot Stove League @ 8:00am = CB* *Brain-Stumpers @ 9:30am = P* Chair Yoga w/Marilyn @ 10:00am = MDR Resident Council @ 11:00am = P Beautiful Nails @ 12:30pm = CR Mardi Gras @ 2:00pm = MDR + Music by Diane Zilverberg Choir w/Katie E. @ 3:30pm = SR *Resident Social @ 4:00pm = P*</p>	<p>Ash Wednesday! 6 *Hot Stove League @ 8:00am = CB* Wellness Clinic @ 9:30am = P Bible Study w/Pastor Andy @ 10:00am = MT *Café Philo @ 10:15am = P* Book Club @ 1:00pm = W Fit to Strengthen @ 2:00pm = FC/MT Prize Bingo @ 3:00pm = MDR</p>	<p>*Hot Stove League @ 8:00am = CB* 7 *Brain-Stumpers @ 9:30am = P* Tai Chi w/Paul @ 10:00am = MDR ("Silver Sneakers Hosted Program") Beautiful Nails @ 12:30pm = CR Hotel Crosby "Matchstick Grille" Lunch Outing @ 1:00pm = OS Traveling Choir w/Katie E. @ 3:30pm = SR + W</p>	<p>*Hot Stove League @ 8:00am = CB* 8 *News & Views @ 9:30am = SR* Ever Active Fitness Club @ 10:00am = FC/MT Talking Circle @ 11:00am = P Hand Massages @ 12:30pm = CR Interfaith Service @ 1:00pm = MT Happy Hour @ 2:00pm = MDR + Music by Gary LaRue Craft Corner @ 3:30pm = CR Evening Movie @ 7:00pm = MT</p>	<p>*Hot Stove League @ 8:00am = CB* 9 *This Day in History @ 9:30am = CB* Poetry w/Cel @ 10:00am = CB Pet Visits w/Skye @ 10:30am = SR Saturday Matinee @ 1:30pm = MT 2nd Movie Showing @ 7:00pm = MT</p>
<p>*Hot Stove League @ 8:00am = CB* 10 *This Day in History @ 9:30am = CB* *Activity Kits @ 11:00am = W* Sunday Matinee @ 1:30pm = MT Resident Choice @ 3:30pm = CB 2nd Movie Showing @ 7:00pm = MT</p>	<p>*Hot Stove League @ 8:00am = CB* 11 *News & Views @ 9:30am = SR* Fit to Stretch @ 10:00am = FC/MT Pet Visits w/Bogey @ 11:30am = SR Hand Massages @ 12:30pm = CR Ever Active Fitness Club @ 3:00pm = FC/MT Puzzle Corner @ 4:00pm = SR</p>	<p>*Hot Stove League @ 8:00am = CB* 12 *Brain-Stumpers @ 9:30am = P* Fit & Sit Ballet w/Instructor Maylu @ 10:00am = MT Beautiful Nails @ 12:30pm = CR Acupuncture w/Aimee @ 2:00pm = MT DIY Craft w/Cel @ 3:30pm = SR *Resident Social @ 4:00pm = P*</p>	<p>*Hot Stove League @ 8:00am = CB* 13 *Timeless Trivia @ 9:30am = P* Bible Study w/Pastor Andy @ 10:00am = MT *Café Philo @ 10:15am = P* Roaming Library Cart @ 1:00pm = W Wunder Year's Daycare = St. Patrick's Themed Visit @ 3:00pm = MDR Fit to Strengthen @ 3:30pm = FC/MT</p>	<p>*Hot Stove League @ 8:00am = CB* 14 *Brain-Stumpers @ 9:30am = P* Tai Chi w/Paul @ 10:00am = MDR ("Silver Sneakers Hosted Program") Beautiful Nails @ 12:30pm = CR Target Shopping Outing @ 1:00pm = OS DIY Baking w/Cel @ 3:30pm = P Pet Visits w/Crickett @ 6:30pm = SR</p>	<p>*Hot Stove League @ 8:00am = CB* 15 *News & Views @ 9:30am = SR* Ever Active Fitness Club @ 10:00am = FC/MT Talking Circle @ 11:00am = P Hand Massages @ 12:30pm = CR Interfaith Service @ 1:00pm = MT Happy Hour @ 2:00pm = MDR + Music by the Flora Family Duo *Nostalgic Games @ 3:30pm = P* Evening Movie @ 7:00pm = MT</p>	<p>*Hot Stove League @ 8:00am = CB* 16 *This Day in History @ 9:30am = CB* Music w/Katie @ 10:00am = CB Saturday Matinee @ 1:30pm = MT *Craft Club @ 6:00pm = CR* 2nd Movie Showing @ 7:00pm = MT</p>
<p>St. Patrick's Day! 17 *Hot Stove League @ 8:00am = CB* *This Day in History @ 9:30am = CB* *Activity Kits @ 11:00am = W* Sunday Matinee @ 1:30pm = MT Resident Choice @ 3:30pm = CB 2nd Movie Showing @ 7:00pm = MT</p>	<p>*Hot Stove League @ 8:00am = CB* 18 *News & Views @ 9:30am = SR* Fit to Stretch @ 10:00am = FC/MT Hand Massages @ 12:30pm = CR Catholic Mass @ 1:00pm = MT w/Father McCorkell Ever Active Fitness Club @ 3:00pm = FC/MT Tell Me Your Story @ 4:00pm = P <i>(Bring any photos you'd like to share)</i></p>	<p>*Hot Stove League @ 8:00am = CB* 19 *Brain-Stumpers @ 9:30am = P* Chair Yoga w/Marilyn @ 10:00am = MDR Beautiful Nails @ 12:30pm = CR Massages w/Shawnah @ 1:30pm - 3:30pm = MT Choir w/Katie E. @ 3:30pm = SR *Resident Social @ 4:00pm = P*</p>	<p>Spring Equinox! 20 *Hot Stove League @ 8:00am = CB* *Timeless Trivia @ 9:30am = P* Bible Study w/Pastor Andy @ 10:00am = MT *Café Philo @ 10:15am = P* Book Club @ 1:00pm = W Fit to Strengthen @ 2:00pm = FC/MT Prize Bingo @ 3:00pm = MDR</p>	<p>*Hot Stove League @ 8:00am = CB* 21 *Brain-Stumpers @ 9:30am = P* Tai Chi w/Paul @ 10:00am = MDR ("Silver Sneakers Hosted Program") Beautiful Nails @ 12:30pm = CR Community Art Workshop w/Gayle & Colleen "Dimensions Studio" @ 2:00pm = MDR Traveling Choir w/Katie E. @ 3:30pm = SR + W</p>	<p>*Hot Stove League @ 8:00am = CB* 22 *News & Views @ 9:30am = SR* Ever Active Fitness Club @ 10:00am = FC/MT Talking Circle @ 11:00am = P Hand Massages @ 12:30pm = CR Interfaith Service @ 1:00pm = MT Happy Hour @ 2:00pm = MDR + Music by Julie Osmonson Craft Corner @ 3:30pm = CR Evening Movie @ 7:00pm = MT</p>	<p>*Hot Stove League @ 8:00am = CB* 23 *This Day in History @ 9:30am = CB* Poetry w/Cel @ 10:00am = CB Pet Visits w/Skye @ 10:30am = SR Saturday Matinee @ 1:30pm = MT 2nd Movie Showing @ 7:00pm = MT</p>
<p>24/31 *Hot Stove League @ 8:00am = CB* *This Day in History @ 9:30am = CB* *Activity Kits @ 11:00am = W* Sunday Matinee @ 1:30pm = MT Resident Choice @ 3:30pm = CB 2nd Movie Showing @ 7:00pm = MT</p>	<p>*Hot Stove League @ 8:00am = CB* 25 *News & Views @ 9:30am = SR* Fit to Stretch @ 10:00am = FC/MT Pet Visits w/Bogey @ 11:30am = SR Hand Massages @ 12:30pm = CR Catholic Communion @ 1:00pm = MT w/Guardian Angel Volunteers Ever Active Fitness Club @ 3:00pm = FC/MT Puzzle Corner @ 4:00pm = SR</p>	<p>*Hot Stove League @ 8:00am = CB* 26 *Brain-Stumpers @ 9:30am = P* Fit & Sit Ballet w/Instructor Maylu @ 10:00am = MT Beautiful Nails @ 12:30pm = CR Acupuncture w/Aimee @ 2:00pm = MT DIY Craft w/Cel @ 3:30pm = SR *Resident Social @ 4:00pm = P*</p>	<p>*Hot Stove League @ 8:00am = CB* 27 *Timeless Trivia @ 9:30am = P* Bible Study w/Pastor Andy @ 10:00am = MT *Café Philo @ 10:15am = P* Roaming Library Cart @ 1:00pm = W Birthday Party @ 2:00pm = MDR + Music by Joe Aherns Fit to Strengthen @ 3:30pm = FC/MT Club 4,5,6 Visit @ 6:30pm = MDR</p>	<p>*Hot Stove League @ 8:00am = CB* 28 *Brain-Stumpers @ 9:30am = P* Tai Chi w/Paul @ 10:00am = MDR ("Silver Sneakers Hosted Program") Como Park Conservatory + Lunch Outing @ 11:00am = OS DIY Baking w/Cel @ 3:30pm = P Pet Visits w/Crickett @ 6:30pm = SR</p>	<p>*Hot Stove League @ 8:00am = CB* 29 *News & Views @ 9:30am = SR* Ever Active Fitness Club @ 10:00am = FC/MT Talking Circle @ 11:00am = P Hand Massages @ 12:30pm = CR Interfaith Service @ 1:00pm = MT Happy Hour @ 2:00pm = MDR *Nostalgic Games @ 3:30pm = P* Evening Movie @ 7:00pm = MT</p>	<p>*Hot Stove League @ 8:00am = CB* 30 *This Day in History @ 9:30am = CB* Music w/Katie @ 10:00am = CB Saturday Matinee @ 1:30pm = MT *Craft Club @ 6:00pm = CR* 2nd Movie Showing @ 7:00pm = MT</p>